

# October Breakfast 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 APPLE FRUDEL FRESH FRUIT MILK	2 SUNRISE SANDWICH FRESH FRUIT MILK	3 MINI CINNIS FRESH FRUIT MILK	4 CINNAMON CRUMB CAKE FRESH FRUIT MILK	5 BREAKFAST PIZZA FRESH FRUIT MILK
8 PAN DULCE FRESH FRUIT MILK	9 CINNAMON GLAZED FRENCH TOAST STICKS FRESH FRUIT MILK	10 STRAWBERRY SPLASH MINI PANCAKES FRESH FRUIT MILK	11 COWGIRL MUFFIN FRESH FRUIT MILK	12 TRIX YOGURT FRESH FRUIT MILK
15 MINI CINNIS FRESH FRUIT MILK	16 PANCAKE SAUSAGE ON A STICK FRESH FRUIT MILK	17 CHOCOLATE CHIP MUFFIN STRING CHEESE FRESH FRUIT MILK	18 EGGSTRAVAGANZA WARM TORTILLAS FRESH FRUIT MILK	19 P-NUT & JELLY GRAHAM FRESH FRUIT MILK
22 APPLE FRUDEL FRESH FRUIT MILK	23 SUNRISE SANDWICH FRESH FRUIT MILK	24 MINI CINNIS FRESH FRUIT MILK	25 CINNAMON CRUMB CAKE FRESH FRUIT MILK	26 BREAKFAST PIZZA FRESH FRUIT MILK
29 PAN DULCE FRESH FRUIT MILK	30 CINNAMON GLAZED FRENCH TOAST STICKS FRESH FRUIT MILK	31 STRAWBERRY SPLASH MINI PANCAKES FRESH FRUIT MILK	1 COWGIRL MUFFIN FRESH FRUIT MILK	2 PB&J SANDWICH FRESH FRUIT MILK

This institution is an equal opportunity provider  
Cereal meal options served daily, 100% Juice offered with all breakfast

Menu subject to change  
Choice of 1% or non-fat milk



# LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 TERIYAKI SLIDER ORANGE FRIES FRESH GRAPES	2 CHICKEN TAMALES PINTO BEANS CABBAGE SLAW MIXED FRUIT CUP	3 MANDARIN ORANGE CHICKEN BOWL STEAMED BROCCOLI APPLE SAUCE	4 CHICKEN STRIPS SCALLOPED POTATOES TROPICAL FRUIT CUP WARM BAKED ROLL	5 SICILIAN PIZZA CUCUMBER SLICES CHILLED APRICOTS
8 CHICKEN BURGER WITH FIXINS ORANGE FRIES CHILLED PEARS	9 BEEF TACO TUESDAY LETTUCE & TOMATO SALAD RANCH BEANS MANDARIN ORANGES	10 SPAGHETTI W/MEAT SAUCE POPEYE SALAD MIXED FRUIT WARM BREAD STICK	11 TURKEY DELI SUB TAJIN CARROTS TROPICAL FRUIT	12 DEEP DISH PIZZA RANCH POTATO WEDGES APRICOTS
15 HAMBURGER W/FIXINS CURLY FRIES MANDARIN ORANGES	16 CHICKEN FAJITAS HOT CORN ORANGE WEDGES	17 CHILI BEANS WITH TOSTITOS SCOOPS POPEYE SALAD SIDEKICK	18 CHICKEN STRIPS SCALLOPED POTATOES TROPICAL FRUIT CUP WARM BAKED ROLL	19 PIZZA STICKS WITH W/DIPPING SAUCE CARROTS DICED PEACHES
22 CHEESEBURGER SLIDERS POTATO WEDGES ORANGE SMILES	23 BEAN & CHEESE BURRITO POPEYE SALAD CHILLED PEARS	24 TURKEY GRAVY MASHED POTATOES MIXED FRUIT CUP WARM DINNER ROLL	25 BEEF AND CHEESE NACHOS REFRIED BEANS SALSA CUP PINEAPPLE PAL	26 PEPPERONI STUFFED SANDWICH POPEYE SALAD CHILLED APRICOTS TAJIN CARROTS
29 MEATBALL SUB HOT CORN CHILLED PEARS	30 CHICKEN TAMALES CABBAGE SLAW DICED PEACHES	31 CHICKEN ALFREDO STEAMED BROCCOLI MIXED FRUIT TEDDY GRAHAMS	1 PORK BBQ RIBBETTE SANDWICH BAKED BEANS SIDEKICK	2 STUFFED CRUST PEPPERONI PIZZA TAJIN CARROTS APPLE SAUCE

This institution is an equal opportunity provider  
Side Salad or salad bar served with all lunch meals

Menu subject to change  
Choice of 1%, non-fat milk or non-fat chocolate