

October 2016 Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BLUEBERRY MUFFIN DICED PEARS MILK	4 EGGSTRAVAGANZA WARM TORTILLAS APRICOTS MILK	5 MINI CINNIS FRESH GRAPES MILK	6 P-NUT BUTTER & JELLY GRAHAM FRESH APPLE FRUIT JUICE/MILK	7 TRIX YOGURT GRANOLA STRAWBERRY CUP MILK
10 DONUT STICKS CHILLED PEACHES MILK	11 FRITTATA ORANGE SMILES MILK	12 APPLE FRUDEL FRESH BANANA FRUIT JUICE/MILK	13 SAUSAGE BISCUIT DICED PEARS MILK	14 CHOCOLATE CHIP MUFFIN STRING CHEESE FRESH APPLE FRUIT JUICE/MILK
17 ON THE GO CEREAL GRAHAM CRACKERS JUICY PINEAPPLE MILK	18 BREAKFAST PIZZA CHILLED APRICOTS MILK	19 SPICE LOAF APPLESAUCE MILK	20 BREAKFAST WRAP MANDARIN ORANGES MILK	21 PANCAKES W/SYRUP DICED PEACHES MILK
24 CHERRY FRUDEL CHILLED PEARS MILK	25 STRAWBERRY CHEX MIX FRESH APPLE FRUIT JUICE/MILK	26 CINNAMON ROLL DICED PEACHES MILK	27 TRIX YOGURT GRANOLA STRAWBERRY CUP MILK	28 FRENCH TOAST STICKS MIXED FRUIT CUP MILK
31 PAN DULCE FRESH PEAR FRUIT JUICE/MILK				

This institution is an equal opportunity provider
Cereal meal option served daily, 100% Juice offered with all breakfast

Menu subject to change
Choice of 1% or non-fat milk

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 ENCHILADAS HOT CORN MANDARIN ORANGES	4 TERIYAKI BOWL ORIENTAL VEGGIES DICED PEARS	5 DEEP DISH PIZZA STEAMED BROCCOLI JUICY PINEAPPLE	6 CHICKEN STRIPS POTATO SMILEY CHILLED APRICOTS WARM DINNER ROLL	7 CORNDOG OVEN BAKED BEANS FRESH FRUIT SALAD
10 HAMBURGER W/FIXINS RANCH BEANS SIDEKICK	11 CHICKEN FAJITAS STEAMED MIXED VEGGIES MIXED FRUIT CUP	12 OVEN FRIED CHICKEN SCALLOPED POTATOES FRESH GRAPES WARM BREADSTICK	13 TURKEY DELI SUB BABY CARROTS FRESH APPLE SPORTS CRACKERS	14 PIZZA STICKS W/DIPPING SAUCE FRESH ZUCCHINI APPLESAUCE
17 NACHOS REFRIED BEANS CHILLED APRICOTS	18 CHICKEN BURGER W/FIXINS ORANGE FRIES CHILLED PEARS	19 SPAGHETTI W/MEAT SAUCE GREEN BEANS ORANGE SMILES GARLIC BREAD	20 BEAN & CHEESE BURRITO HOT CORN JUICY PINEAPPLE	21 FRENCH BREAD PIZZA EDAMAME BEANS MANDARIN ORANGES
24 CHICKEN SOFT TACO LETTUCE & TOMATO SALAD RANCH BEANS JUICY PINEAPPLE	25 CHEESEBURGER MINIS CURLY FRIES FRESH GRAPES	26 CHILI BEANS CORN MUFFIN POPEYE SALAD SIDEKICK	27 CHEESE PIZZA BROCCOLI W/RANCH APRICOTS	28 JAMWICH STRING CHEESE CELERY STICKS/FRESH APPLE PRO DONUT
31 HAMBURGER W/FIXINS CAULIFLOWER FRESH ORANGE				

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Side Salad or salad bar served with all lunch meals

Menu subject to change.
Choice of 1%, non-fat milk or non-fat chocolate